

Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy



Course Overview

The purpose of this qualification is to give learners the skills to support colleagues with mental health problems. These skills will be gained by increasing the learner's knowledge and understanding of mental health conditions and the principles of mental health first aid and how this can be implemented in the workplace.



Course length:
8-12 weeks



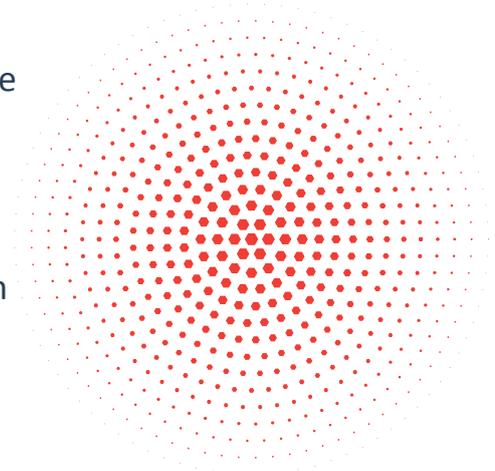
Awarding Body:
TQUK



Value: £299.00
Cost: £0.00

Benefits For Individuals

- Paper-based and online course options available
- Study from anywhere, at any time
- Gain an accredited level 2 qualification
- Nationally recognised
- Access to an award-winning e-learning platform
- Unlimited support from qualified tutors
- Receive a digital e-certificate upon completion
- No hidden costs



Looking to find out more about this Level 2 course? Contact us today!

 enquiries@protrain-solutions.co.uk

 01252 712945

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Course Content

Who is it suitable for?

This qualification is suitable for learners who wish to raise awareness of mental health, creating a culture of care and the promotion of positive mental health.

This qualification gives learners the opportunity to understand mental health, its associated care and how this can be applied to learners or colleagues in the workplace.

How is this qualification structured?

To be awarded this qualification, learners are required to successfully complete three mandatory units. They are:

- Unit 01 Exploring mental health
- Unit 02 Understand how to support individuals with mental ill health
- Unit 03 Understand a mentally healthy environment

How is it assessed?

This qualification is internally assessed and externally quality assured. Learners must successfully demonstrate their achievement of all learning outcomes of the units as detailed in the qualification specification.

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