

Level 2 Certificate in Principles of Care Planning

Course Overview

This care planning training course aims to improve your understanding of your role in supporting the preferences and needs of individuals in relation to their care and support. It will also enhance your knowledge of nutrition and health in health and social care settings, as well as how to support an individual to maintain their personal hygiene. Nursing continues to sit in the top ten most in-demand hard skills in the UK, reflecting the ongoing need for national training in this specialised area.

This course meets care certificate standards and can help you to progress on to other nursing courses.



Course length:
8-12 weeks



Awarding Body:
TQUK



Value: £399.00
Cost: £0.00

Benefits For Individuals

- Fully online learning materials with online assessment
- Study from anywhere, at any time
- Gain an accredited level 2 qualification
- Nationally recognised
- Access to an award-winning e-learning platform
- Perfect for beginners
- Unlimited support from qualified tutors
- Receive a digital e-certificate upon completion
- No hidden costs

Looking to find out more about this Level 2 course? Contact us today!

 01252 712945

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Course Content

Unit 1: Understanding person-centred thinking and planning

Develop a knowledge and understanding of the principles, processes and practice of person-centred thinking, planning and reviews. Explore the impact person-centred thinking can have on an individual and their families. This unit also outlines current legislation, policy and guidance that underpins person-centred thinking and planning.

Unit 2: Care planning for the care worker

Learn about the care planning process in relation to your role and how to implement a care plan and discover how personal beliefs and preferences might influence the care planning process.

Unit 3: Understanding nutrition and hydration in health and social care settings

This unit covers how to promote health and well-being through nutrition and hydration, the principles of a balanced diet, the importance of special dietary requirements and how to prevent malnutrition in health and social care settings.

Unit 4: Principles of supporting an individual to maintain personal hygiene

Within this unit learn how to address personal hygiene issues in a sensitive manner without imposing your own values and how to maintain the dignity of an individual when supporting them with personal hygiene.

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Unit 5: Understanding continence care

This unit will delve into the understanding of the body's waste functions and the possible reasons for incontinence. Gain the knowledge to promote continence and understand an individual's choices including the various facilities and aids which can be provided.

Unit 6: Principles of supporting sleep

Enhance your understanding of the importance of sleep and how sleep contributes to an individual's well-being and discover how to assist an individual to sleep and ensure conditions are suitable.

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